

Thrive Coconut Yogurt

Makes: 10, ½ cup servings

Ingredients:

Unsweetened Coconut Milk: 3 ¾ cup

Sugar: ½ cup + 1 tablespoon

Cornstarch: 3 1/3 tablespoon + ½ teaspoon

100% Lemon Juice: 2 ½ teaspoon

Vanilla Extract: 1 ½ teaspoon

Instructions:

1. Combine cornstarch and just enough coconut milk to make a slurry and set aside.
2. Combine all other ingredients and blend until smooth. Then add slurry and blend again. Simmer 20-30 minutes, or until all ingredients are dissolved and mixture has thickened.
3. Remove from heat.
4. Chill overnight.