

Oatmeal

Makes: 4, 6 oz. servings

Ingredients:

Water: 3 ½ cup

Kosher Salt: 1 tsp.

Quick Oats: 7 ¾ oz.

Instructions:

1. Bring water to a boil and add salt and oats.
2. Turn off heat, stir and let rest for 5 minutes.
3. Reserve and serve warm.